

Red Ribbon Club(21/06/2023)

Three days Workshop under Red Ribbon Club



Today on 21/06/2023 International Yoga Day was celebrated by NSS unit, NCC unit, Red Ribbon Club and Physical Education Department of the college under the able leadership of Principal Seema Saini at Government Shivalik College Naya Nangal. On this occasion the Principal, Seema Saini, while addressing the students gave a lot of information about the importance of Yoga. During this event, students of different departments of the college, professors and non-teaching staff did yoga together. On this occasion, senior college professor Darshan kaur, professor Nishant Kumar Goyal, professor Gurmeet kaur, professor Sunita Saini, professor Priya Wadwa, professor Balwinder Kaur, professor Hemant Kumari, professor Kirti sharma, professor Jaspal singh present there.





On the second day today on 22/06/2023 at Govt. Shivalik College Naya Nangal under the able leadership of principal Seema Saini. A three days workshop continued on the second day as well. About 50 students participated in this event. On this occasion, Yoga guru Mr. Tarsem Lal Ratan, Mr. Shubash Chandra, conducted various yoga postures. On this occasion the principal of the college, Seema Saini, while addressing the students, gave a lot of information of yoga. On this occasion, senior college professor Darshan Kaur, professor Gurmeet kaur, Dr. Bindu Sharma, Dr. Kamlesh Kumari, professor Jaspal singh , professor Hemant kumari , professor Priya Wadhwa, professor Kirti sharma , professor Balwinder kaur , professor Sunita sharma, non-teaching staff of the college and doctor Kamal kumar were also present.

